

# AARMS SUMMER SCHOOL—2005

## SOME USEFUL INFORMATION

### RESIDENCE

When you check in, you will receive a card which allows access to the building, your room, the dining hall for meals, and Dalplex (see below). *Don't lose this card!! It costs \$25 to replace.* The residence provides towels and bedding. You may get clean towels whenever you want, bed linen is changed once a week. The meal times are:

Breakfast: 7:00 – 9:00

Lunch: 11:30 – 13:00

Dinner: 16:30 – 17:30

Meals are served in the Howe Hall cafeteria, across the campus. Meals are provided by the AARMS program from dinner on Sunday July 17 to breakfast on Saturday August 12. If you require residence meals outside this period you may buy them at the following rates:

Breakfast: \$5.70    Lunch: \$5.40    Dinner: \$7.15.

Likewise we cover the cost of the room for this period. You may pay for extra nights in the residence at \$12.00 per night.

Be discreet about drinking alcohol in the Residence, i.e. not in the hallways or public rooms.

### LIBRARY

When you arrive at the residence, you will receive a package of material. This includes a *temporary Dalhousie Library Card*. Do not lose this card! It enables you to use the main Dalhousie (Killam) Library. All the books for the courses will be on reserve in the library for restricted (3 hour) loan. You may, of course, borrow other books from the Library. The Math books are on the second floor on the south side (over the entrance into the courtyard). Math Journals are in the Math/Stats reading room (the Agnes Baxter Room) on the ground floor of the Chase building. They are NOT to be taken from that room; you may use them by asking the receptionist in the Math Office for a key to let you in. Please be sure to return all Library books before you leave!

### PHOTOCOPYING

The package of material also contains a photocopier ID number. This enables you to use the smaller of the two photocopiers on the second floor of the Math building. Your use of this privilege will be monitored and if it is abused it will be cut off.

### SMOKING

Dalhousie is a NON-SMOKING campus.

This means that you may not smoke ANYWHERE on campus. Not in any of the buildings (including your residence room) and not on any of the grounds. If you wish to smoke you must go elsewhere, *e.g.* the city streets or sidewalks.

You will also find that many buildings downtown including restaurants do not permit smoking.

### **COMPUTERS**

A third item in your package is a user ID number for the Dalhousie Computer system and an initial password. Please change the password to one of your own as soon as possible. This number allows you to use the computers in the basement of the Chase building (Room 007) and any other machines on campus that are on the Novell network.

### **DALPLEX and other RECREATION**

There is a large athletics facility across South St. from your residence. Your residence card gives you access to the facilities (including the pool) in this building. Since it is heavily used by various summer camps, there will be restrictions on the times when it is available. The best bet for the pool is in the evenings. If you wish to book a squash or badminton court, call 6818. For other bookings including the tennis courts beside Shirreff Hall call Laura at 6467. You may also use the field (artificial turf) if there is space but, again, it is heavily used by summer camps. You may rent kayaks on the Arm at the St. Mary's boat club at the foot of Jubilee Rd. (take the path beside the railway starting at the foot of Coburg Rd.). Bicycles can be rented from Harbor Bike and Sea rentals (1781 Lower Water St. 423-1185). They charge \$27 for 24 hrs and \$17 for a half day.

### **COFFEE, SNACKS etc.**

There is a Tim Horton's coffee shop on the second floor of the Life Sciences Building (LSC). Coffee and various fast foods are available on the third floor of LSC. You may use the Grad House (corner of LeMarchant and University Ave) which has a bar and other refreshments. You may also use the Student Union Building (SUB) next to the Grad House. There is a coffee shop at the corner of Coburg and Henry Sts.

### **BANKS**

There are bank machines in the SUB. The nearest bank is Scotiabank at the corner of Coburg and Robie. There are branches of all the main Canadian banks on Quinpool Rd. (close to Oxford). Any bank will exchange US dollars. For other currencies it may be advisable to go to the Main Branch of the Royal Bank which is downtown on George St. close to the waterfront.

### **SHOPPING**

The main shopping areas close to campus are Spring Garden Rd. and Quinpool Rd. You should be able to find most items at either place. There is a food store (open Sundays) on the corner of Coburg Rd. and Seymour

St. and a drugstore at the corner of Robie and Spring Garden. The Halifax Shopping Centre is a large mall and is on the #1 Bus Route. Alcohol is only (with one or two exceptions) sold in government liquor stores. There is one on Clyde St. close to Spring Garden Rd. and one at the back of the Superstore on Quinpool Rd. Since the legal age for drinking alcohol is 19, you may be required to show proof of age in order to purchase alcohol. You should also be aware that most stores are closed on Sundays. The exceptions are small corner stores and those in heavy tourist areas. There are Postal Outlets in the Superstore on Quinpool and Lawton's drug store on Spring Garden Rd. Note that there is a 15% sales tax on almost all purchases. Non-residents may claim this back (receipts needed) when you leave the country.

### **MEDICAL SERVICES**

The University clinic is in the Howe Hall residence at the corner of Coburg Rd. and LeMarchant St. There is a Walk in Clinic in the professional building at the corner of Coburg and Robie. The hospital emergency department is on Robie St (just north of Jubilee Rd.) Expect long waiting times there! Non-Canadians will have to pay for these services and be reimbursed by your insurance coverage.

### **RESTAURANTS**

There are far too many restaurants to make a list here. Consult the booklets in your information package. To find out what is on in town by way of live music and other entertainment, pick up a copy of The Coast (free) at the Grad house (or many other locations).

There are cheap restaurants offering reasonable food on Quinpool Rd.: the Spartan, Athens and Phil's Seafood for example. There are no good Chinese restaurants but one of the better ones is the King Wah on Quinpool just below the Oxford Theatre.

### **CINEMAS**

The Oxford (corner Oxford and Quinpool) often shows non-Hollywood movies. There are 8 cinemas in Park Lane Place on Spring Garden Rd.

### **PUBLIC TRANSPORT**

Unfortunately, the bus service is not as good as it should be. A transit map is enclosed in your package as well as a User's Guide giving times etc. One pays a flat fare which allows transfer from one route to another (ask the driver for a transfer when you GET ON). There is a ferry service across the harbour to Dartmouth. It makes a nice, cheap trip.

### **MUSEUMS**

The Citadel is an interesting place to visit with displays of military history. Halifax is a military and naval town. The Maritime Museum (Lower Water St.) has displays of boats of all kinds, an exhibition on the Halifax Explosion and one on the Titanic. The Museum of Natural History (Summer St.) displays the fauna and flora of the region. The Art Gallery of Nova

Scotia is on Hollis St. near George St.

### **PARKS**

The Public Gardens on Spring Garden Rd. is a nice green area in the city. Point Pleasant Park at the southern end of the peninsula was devastated two years ago by hurricane Juan. It is still a pleasant open space and now shows what wind can do. “Shakespeare-by-the-sea” puts on open air performances in the park during the summer. Fleming Park (also known as The Dingle) is off the Purcell’s Cove Rd. (take #15 bus) and has walks by a small lake, through the woods and by the Arm. Further out (the terminus of #15 bus) is York Redoubt – a former military fort guarding the entrance to the harbour and now a National Historic site.

### **SWIMMING**

The harbour and the Arm are very polluted; you should NOT swim in either. Several lakes are OK – on the Halifax side Chocolate lake and Williams lake (bus #15 again) are fine and in Dartmouth there is a swimming area on Lake Banook. The Atlantic is *cold*. Crystal Crescent beach is beyond Sambro to the south of Halifax. Conrad’s beach, Lawrencetown beach and Martinique beach are to the east beyond Dartmouth. There is no public transport to these beaches!