## Pharmacy 2012: Biostatistics

Recommended book: DeVeaux, Velleman, Bock, Vukov, Wong: Stats: Data and Models, 3rd Canadian Edition, Pearson, 2019

## Introduction to Biostatistics

## Population, sample, random variable, and distribution

- Based on a random sample, we wish to make inferences about the population.
- We represent the values in the population by a random variable, say $X$, and a probability distribution.
- A random variable is just a symbol for the next value we will get.
- The probability distribution can be represented by a bar graph or smooth density curve.
- The probability usually depends on some constants, called parameters.
- Discrete random variables have probability in chunks at separated values.
- For example the binomial random variable, $X$, is the number of successes in $n$ binary trials, and has probability mass function

$$
p(x)=\frac{n!}{x!(n-x)!} p^{x}(1-p)^{n-x}
$$

for $x=0, \ldots, n$

- Continuous random variables can, in theory, take on values in intervals, and the probability is given by the area under a probability density curve.
- For example, the normal random variable has a probability density with a bell shaped density curve.
- Areas under the curve are often obtained using tables.

Problems: If $Z$ has a standard normal density,

1. Find $P(Z \leq 1.96)$, the probability that $Z$ is less than or equal to 1.96 . Answer: . 975
2. Find $P(Z>1.96)$. Answer: $1-.975=.025$
3. Find $P(Z \leq-1.96)$. Answer: . 025 (same as part b , as normal distribution is symmetric about 0 )
4. Find $P(-1.96 \leq Z \leq 1.96)$. Answer: . 95 ( $P(-1.96 \leq Z \leq$ $1.96)=P(Z \leq 1.96)-P(Z \leq-1.96)=.975-.025=.95$.
5. What is the value of $c$ for which $P(Z \leq c)=.9370$ ? Answer: $c=1.53$.
6. What is the value of $c$ for which $P(Z \leq c)=.0162$ ? Answer: $c=-2.14$.

- We are usually interested in a characteristic of the population, like the mean $\mu$.
- The mean is the balance point of the probability distribution, and equals the median when the distribution is symmetric.
- Another important feature of a distribution is the variance, $\sigma^{2}$, which is a measure of the spread of the values about the mean.
- The standard deviation, $\sigma=\sqrt{\sigma^{2}}$, is in the same units as $X$.
- If a distribution is symmetric and unimodal (i.e. looks approximately like a normal distribution), then
- approximately $68 \%$ of the probability is between $\mu-\sigma$ and $\mu+\sigma$
- approximately $95 \%$ of the probability is between $\mu-2 \sigma$ and $\mu+2 \sigma$
- approximately $99.7 \%$ of the probability is between $\mu-3 \sigma$ and $\mu+3 \sigma$.


## Case I: estimation of a population mean

- Denote the values in a random sample as $X_{1}, \ldots, X_{n}$.
- We estimate the population mean $\mu$ using the sample mean

$$
\bar{X}=\frac{\sum X_{i}}{n}=\frac{1}{n}\left(X_{1}+\ldots+X_{n}\right)
$$

- The Law of Large Numbers is a theoretical result which assures us that the sample mean $\bar{X}$ will be close to the population mean $\mu$ in large random samples.
- Before we have data, the sample mean is itself a random variable.
- Its probability distribution is called the sampling distribution different samples give different values of the sample mean.
- The sample mean is an unbiased estimator because its sampling distribution is centered about the population mean $\mu$.
- A measure of error of estimation of $\mu$ by $\bar{X}$ is the standard error, which is the standard deviation of the sampling distribution of $\bar{X}$.
- The standard error is much smaller than the standard deviation of the population, and is

$$
\sigma_{\bar{X}}=\sigma / \sqrt{n}
$$

- The larger the sample, the smaller the standard error, and the more accurate the estimate.
- We estimate the variance of the population using the sample variance

$$
\begin{aligned}
s^{2} & =\frac{1}{n-1} \sum\left(X_{i}-\bar{X}\right)^{2} \\
& =\frac{1}{n-1}\left(\sum X_{i}^{2}-\left(\sum X_{i}\right)^{2} / n\right) \\
& =\frac{1}{n-1}\left(\sum X_{i}^{2}-n \bar{X}^{2}\right)
\end{aligned}
$$

- We estimate the standard error of the mean by

$$
s_{\bar{X}}=s / \sqrt{n} .
$$

- If the populaton itself was normally distributed, then the sampling distribution of the mean has a normal distribution.
- A remarkable fact is that the sampling distribution of $\bar{X}$ is approximately normal (i.e. bell shaped) in large samples regardless of the shape of the probability distribution for the population. A sample size of 35 or larger is usually big enough so that the distribution of the sample mean is approximately normally distributed. This is the Central Limit Theorem, one of the most important results in statistical theory.


## Case II - estimation of a proportion using binary data

- In clinical trials, we are often interested in whether a therapy is a success $(X=1)$ or a failure $(X=0)$.
- A model of the population is a Bernoulli random variable and distribution, which says $P(X=1)=p$ and $P(X=0)=1-p$.
- The quantity of interest is $p$, the probability of a success, which plays the role of the mean $\mu$ in this simple case.
- The sample mean (of the 0 or 1 variables) is just the sample proportion

$$
\bar{X}=\hat{p}=\frac{1}{n}\left(X_{1}+\ldots+X_{n}\right)
$$

- The variance of the Bernoulli random variable is

$$
\sigma^{2}=p(1-p)
$$

so we estimate the standard error of $\hat{p}$ using

$$
s_{\hat{p}}=\sqrt{\frac{\hat{p}(1-\hat{p})}{n}}
$$

- Once again the standard error is inversely proportional to the square root of the sample size, and so gets smaller as the sample size gets large.

