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*Congruences for Bernoulli - Lucas Sums*,

**Abstract**

We give strong congruences for sums of the form $\sum_{n=0}^{N} B_n V_{n+1}$ where $B_n$ denotes the Bernoulli number and $V_n$ denotes a Lucas sequence of the second kind. These congruences, and several variations, are deduced from the reflection formula for $p$-adic multiple zeta functions.